

Debunking PPE-related myths

Protecting your employees can be difficult among the many misconceptions surrounding personal protective equipment (PPE). In today's everchanging landscape, it's important to understand how and when PPE is used and adhere to the correct safety protocols.

1

Myth: It's always better to wear more personal protective equipment.

Fact: While having too little protection is dangerous, too much can also pose problems. If you wear too much PPE at once, it can result in heat stress. Both over-protection and under-protection threaten health and safety. Therefore, it's best to find a healthy balance.¹

2

Myth: If a job doesn't take very long to perform, a person doesn't need to wear PPE.

Fact: Exposure and accidents can occur at any time, so it's important to always be protected no matter how long a task takes.¹

3

Myth: PPE is only worn to be compliant.

Fact: Wearing PPE is primarily for your own protection and those around you against hazards and safety risks, as well as for compliance.

4

Myth: It's not mandatory for employees to wear PPE if they don't want to.

Fact: If PPE is required for the performance of a task, it must be worn. It's important for employers to educate their staff on best practices for PPE and what should be worn in any given situation.

5

Myth: It is hard to find quality PPE with predictable prices and reliable supply.

Fact: The enhanced PPE product portfolio from Cardinal Health offers a head-to-toe uniform of protection with predictable prices and without the hassle of complicated contracts.

Cardinal Health is committed to providing the expertise you need.

To get a quote today, contact your Cardinal Health sales representative or visit cardinalhealth.com/PPEsolutions

Reference: 1. Department of Labor Logo United States. Personal Protective Equipment - Overview | Occupational Safety and Health Administration. www.osha.gov/personal-protective-equipment. Accessed March 4, 2022.

© 2022 Cardinal Health. All Rights Reserved. CARDINAL HEALTH and the Cardinal Health LOGO are trademarks of Cardinal Health and may be registered in the US and/or in other countries. All other marks are the property of their respective owners. Patent cardinalhealth.com/patents. Lit. No. 2GM21-1788760-01 (03/2022)

