HealthCap®
RISK MANAGEMENT & INSURANCE

COVID-19 VS. INFLUENZA?

That is the question...

Educate the staff on the **similarities** of influenza and COVID-19 as they share many symptoms including but not limited to:

- Fever/Chills
- Shortness of breath/Difficulty breathing
- Fatigue
- Sore Throat
- Runny nose or congestion
- Body aches
- Headaches
- Vomiting/Diarrhea
- Varying symptoms; may be asymptomatic or severe symptoms may be present

Staff also need to recognize the **differences** that are observed between the two viruses, such as:

INFLUENZA

Has varying degrees of signs/symptoms, typically a person will develop symptoms between 1 to 4 days after infection and that person is contagious for approximately one day prior to the presence of symptoms

COVID-19

Symptoms can appear anywhere between 2 to 14 days post infection, the person may be contagious for a longer period of time than those with influenza diagnoses

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