# What are the symptoms?







cough

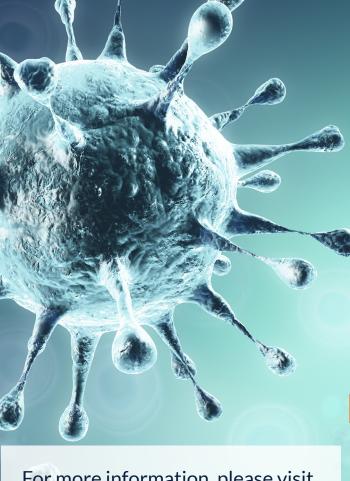
fever

shortness of breath

It is also possible to be infected but have no symptoms at all...



Visitors who have these symptoms, or have traveled to restricted countries should stay home.



For more information, please visit cdc.gov/coronavirus or contact your healthcare provider.

### **HealthCap**

**RISK MANAGEMENT & INSURANCE** 

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COVID-19

#### & Coronavirus

Coronavirus? COVID-19? What's the difference?

Coronaviruses (CoV) are a large family of **viruses** that cause illness ranging from the common cold to more severe diseases. A novel coronavirus (nCoV) is a new strain that has not been previously identified in humans.

COVID-19 is the name for the new coronavirus **disease** that was first reported in Wuhan, China on December 31, 2019

## Let's Stop the Spread!

#### Steps **YOU** can take to prevent the spread of infection:



Wash hands before entering and after leaving a patient's room. Avoid hot water, repeated exposure may increase the risk of dermatitis. For proper hand washing, remove jewelry, apply soap to hands and rub vigorously for at least 15 seconds, covering all surfaces of the hands and fingers. Rinse hands and dry thoroughly with a disposable towel, and use the towel to turn off the faucet.



Before entering and after leaving a resident's room, apply alcohol-based hand rub to palm of one hand and rub hands together, covering all surfaces of hands and fingers, until hands are dry (approximately 20 seconds)

