

## Beauty and Care

Here are some helpful suggestions to implement at your facility to assist in pampering your residents during this challenging time:



- Continue with shower or tub baths as scheduled per assessment and resident's care plan
- Provide more frequent showers as requested by residents

On days when the salon was scheduled to be open, consider having staff escort their residents one-by-one to the hair salon; two residents and two staff members at maximum, only if able to maintain the 6 feet social distancing requirement:



Shampoo the resident's hair and set hair curlers to air dry (avoid blowdrying without supervision)



Soak their hands and feet in warm soapy water and apply lotion afterwards



Shape (trim/file) fingernails and apply polish unless contraindicated\*



- Ensure that if staff are working with more than one resident, that hand sanitizer is available and used between each resident contact and/or that hands are washed with soap and water.
- Ensure that all areas/items are wiped down/sanitized between resident use including but not limited to any hairbrushes, curlers, etc.



Do what you can under the circumstances to keep your residents well cared for and as pampered as they can be...  
and **don't forget to wash your hands!**