

# Donning Personal Protective Equipment (PPE)

Wash hands (preferred) or use an alcohol-based hand sanitizer before donning equipment. PPE equipment should be put on OUTSIDE of the room, prior to entering.



#### Gown

1 Fully cover torso from neck to knees,. Cover arms to end of wrist and wrap around back

**2** Fasten in back of neck and waist



## **Mask or Respirator**

Secure ties or elastic bands at middle of head and neck.

**2** Fit flexible band to nose bridge

**3** Fit snug to face and below the chin

4 Fit-check respirator



# **Goggles or Face Shield**

Place over face and eyes and adjust fit



### **Gloves**

Extend to cover wrist of isolation gown



# Removing Personal Protective Equipment (PPE)

Remove gloves, goggles or face shield, and gown before leaving resident room. Remove the respirator after leaving the resident room and closing the door.



## **Gloves** (Outside is contaminated)

- 1 Using a gloved hand, grasp the palm area of the other gloved hand and peel off first glove
- Hold removed glove in gloved hand
- 3 Slide fingers of ungloved hand under remaining glove at wrist and peel off second glove over first glove
- Discard gloves in waste container



### Goggles or Face Shield (Outside is contaminated)

- 1 Remove goggles or face shield from the back by lifting head band or ear piece.
- 2 If the item is reusable, place in designated receptacle for reprocessing, otherwise discard in a waste container.



### **Gown** (Outside is contaminated)

- 1 Unfasten gown ties, sleeves should not contact your body when reaching for ties
- Pull gown away from neck and shoulders, touching inside of gown only
- **3** Turn gown inside out
- 4 Fold or roll into a bundles and discard in waste container



## Mask or Respirator (Outside is contaminated)

- Grasp bottom ties or elastics of the mask/respirator, then the ones at the top, and remove without touching the front
- 2 Discard in waste container